Ingrid de Kok

"Histoplasmosis" and Other Poems

Histoplasmosis

If after a few weeks you find yourself coughing, your chest laced in a corset of steel, tell your doctor you were here.

Tell him about the bats, their investment in the dark, their droppings spongy fudge which you probably tramped on in the cave, the spores you may have breathed now inhabiting your lung tissue taking all your breath for the growing fungus inside you.

Don't panic. There is medication for this if you reach an informed doctor early enough. Your airways can be cleared again, lungs restored to normal size. But remember, a bat flew into your body out of a cave. Your body is now a cave. Your breath is the way in and out of the cave its dark entrance the same as its only exit.¹

¹ First published in *Illuminations*, 25 (Summer 2009).

Donkey cart

At rush hour down Prince George Drive, chain link between the City and the Flats (not renamed yet to show who's boss), a donkey cart and its travail of wood creaks along, at a slow steady pace driven by two men, brothers it seems, their cheekbones are related. Wiry and thin, they refuse to give way to cars shooting by like guns for hire and they look straight ahead as if they own the road or one unlike it a rural track in a flat bosomed land or as if they own nothing, neither this place nor that, and so do not have to give way to traffic here or there but just keep moving on.

A man limbers up to the lights in shiny shorts, flexing oiled muscles. He frowns at the mothy grey donkey which blocks his way, slows his century. But it knows about imprecations, groaning wood, clattering tin, and does not turn its head. And the brothers, whose knowledge is donkeys, deliveries, the need to get off the road by sunset, travel on in the cart at an uninterruptible pace, as runners and cars pass by.

Notation

Late at night, the promised sputter of life, birth-release, birth-cry, seems just an imaginary oasis, a mirror on the horizon, and she another camel of indifference.

Could it be that inside her pregnant self an emerald dial on the body's alarm clock gives signals and direction, flashes a semaphore of comfort to the silent unborn in the filtered dark?

At the beginning, the stillness inside was a candle wick in a vast station, one waiting passenger fast asleep.
Then her body donned an apron.
Its big pockets muffled sound.

Later there was muzzled movement as mute life surfed the veins, breathing underwater, soundlessly splashing, a surfboard's curve against the belly's skin.

Finally a heavy counterpane lies on her body implacably.

Can life, can song, break from this weight?

Oh becalmed boat in an unsounded sea will some small body ever gasp or shout?

Shards

Near the Cradle of Humankind Magaliesberg, South Africa

1. Early

Night's cold spittle has tipped tall grasses.

Pools of cool light bathe our eyes for an hour

as reeds weave baskets out of morning air.

A moorhen's four chicks are balls of soot across her bow.

The brown hyena was here but has gone to its lair

its spoor fading fast on the hardening path.

How still the present is on this windless day

before heat reverberates and rain clouds gather,

the only sound so far the drone of tractors

excavating new roads out of the past's dusty reservoir.

2. Caught in a thunderstorm

In a sudden gust of wind a thud of acorns hits the ground surprising us but not as much as

thunder's warning shot

just before rain delivers its perpendicular blows

penetrating the rocks as well as the dam water and our own thin clothes.

Upright Egyptian geese don't shiver at all stolid nursemaids of pharaohs

and of baby Moses asleep in his reed basket as he floats through the sedge into history.

3. Cradle on the ridge

As the rain falls we think of roofs, walls, we think about shelter

and the half-discovered cave on the dolomite ridge nearby,

a crib that rocked our fallen ancestors, sedimented eyeless prophets

of the land and weather and what we would end up doing to them.

4. Dreaming in a new place

It is not as if old dreams depart like foot soldiers recalled to another front while wives knit socks, roll bandages

but new dreams do sunder in a different way, break into shards – sliver of moon, arrow, ankle bone, stone rattle, whitened horn.²

² First published in *Illuminations*, 25 (Summer 2009).

Thunderstorm in the city

The smell of gunpowder at high noon warns us of war in the heavens and by mid afternoon the cloud putti start pouting, blow and spit seductively, childishly, whichever you prefer (which is the cartoon god with the full cheeks?)

Then a local god, say Soho Eckstein, or a highveld producer with dark jowls, projects light into lightning shards, and the razor sharp glass of comic strips and cut-throats serrates the clouds

While in the same or maybe the next act sound machinery behind the stage becomes the stage: drums roll, boom and batter

Till stones cast from the sky's slingshot shatter windscreens, scatter pedestrians, pile up ersatz diamonds on the pavements and then rain is a thousand lashes, flays the skin of the city burns the hail, incinerates roots and down jacaranda-purpled streets washes away soil, blood and evidence, for a minute, an hour, no one can ever tell how long

Because the resurrecting sun flares back through the clouds, a quick change artist illuminating neon with letters like teeth missing, golden texts no one can interpret over the city's buildings and alleys

And from tin roofs and tar the familiar smell of rusted dust rises as the city brushes away again its burning furious tears.